

March - New Westminster Headway Centre - Master Schedule- 2012

Monday	Tuesday	Wednesday	Thursday	Friday
-			1 1130-1230 Stretch & Strength 11-2 Bowling Club (CLP) 2-3 Book Club 3-4 Current Events 330-430 Computer Class	2 10-1 Maintenance Dept 11-1 & 2-4 Cooking Class— Homemade pizza 3:30-5:30 Movie Matinee
5 10-12 Maintenance 12-1 Tai Chi 1-2 Toonie Lunch 2-4 Baking Class - Creamy Rice Pudding	6 Drop-In Only Play scrabble, billiards, cards Watch a movie Create some Art Grab a coffee Chat with a friend	7 10-2 Art Studio 12-1 Toonie Lunch 130-230 Stretch & Strength 2-4 Crafts	8 1130-1230 Stretch & Strength 11-2 Bowling Club (CLP) 2-3 Book Club 3-4 Current Events	9 10-1 Maintenance Dept 11-1 & 2-4 Cooking Class— Beef Mousaka 3:30-5:30 Movie Matinee
12 10-12 Maintenance 12-1 Tai Chi 1-2 Toonie Lunch 2-4 Baking Class - Zucchini Oatmeal Cookies	13 Drop-In Only 12-2— Tea and Sandwiches	14 10-2 Art Studio 12-1 Toonie Lunch 130-230 Stretch & Strength 2-4 Crafts	15 1130-1230 Stretch & Strength 11-2 Bowling Club (CLP) 2-3 Book Club 3-4 Current Events	16 10-1 Maintenance Dept 11-1 & 2-4 Cooking Class— Lasagna 3:30-5:30 Movie Matinee
19 10-12 Maintenance 12-1 Tai Chi 1-2 Toonie Lunch 2-4 Baking Class - Irish Soda Bread	20 Drop-In Only Play scrabble, billiards, cards Watch a movie Create some Art Grab a coffee Chat with a friend	21 Member's Party 10-12 Art Studio 11-2 Birthdays, pizza lunch, awards 2-4 Movie	22 1130-1230 Stretch & Strength 11-2 Bowling Club (CLP) 2-3 Book Club 3-4 Current Events	23 10-1 Maintenance Dept 11-1 & 2-4 Cooking Class— Black Bean Burrito 3:30-5:30 Movie Matinee
26 10-12 Maintenance 12-1 Tai Chi 1-2 Toonie Lunch 2-4 Baking Class - Shortbread Cookies	27 Drop-In Only 12-2— Tea and Sandwiches	28 10-2 Art Studio 12-1 Toonie Lunch 130-230 Stretch & Strength 2-4 Crafts	29 1130-1230 Stretch & Strength 11-2 Bowling Club (CLP) 2-3 Book Club 3-4 Current Events -	30 10-1 Maintenance Dept 11-1 & 2-4 Cooking Class— Hot dogs 3:30-5:30 Movie Matinee