

How can I join the Clubhouse and Drop-in Programs?

Clubhouse and drop-in members must meet the following criteria:

Members must have experienced a brain injury and be at least 19 years of age.

Members must be able to manage their own medications, self care needs, and do not require attendant care.

Members must not display severe behavioural challenges or pose a health and safety threat to other members and staff.

Members must be able to get to and from the Clubhouse independently.

Members requiring any personal assistance must be accompanied by their own attendant.

Members must complete a membership form and meet criteria to access programs independently.

Individual membership is \$12 annually and is prorated from April to April at \$1/month.

Financial assistance may be available, please enquire.

Membership entitles an individual to participate in both Clubhouse and Drop-in programs.

Members are automatically entitled to receive newsletters and email distributions.

Please note: membership does not apply to the Community Leisure Program



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CLUBHOUSE PROGRAM

What is the Clubhouse Program?

The Clubhouse is a place for people with acquired brain injuries to participate in meaningful work; to develop and maintain social connections, participate in recreational and leisure activities, and ultimately join the workforce.

Members of the Clubhouse Program, work in collaboration with staff, to carry out the work of the centre.

When does it operate?

The Clubhouse program operates from 10 a.m. to 5 p.m., Monday to Friday and is closed for statutory holidays.

What does the Clubhouse program offer?

Members may participate in running their Clubhouse by volunteering in any of these work departments:

- Maintenance Department
- Communications Department
- Membership Department
- Community Planning Department
- Prevention Outreach Department
- Employment Department

COMMUNITY DROP-IN PROGRAM

What is the Drop-in Program?

The drop-in program is a venue for people with an acquired brain injury to participate in social, recreational, and leisure activities on a drop-in basis.

When does it operate?

The drop-in program operates from 10 am to 5 pm Monday to Friday and is closed for statutory holidays.

What does the Drop-in program offer?

The following drop-in activities are available:

- Pool/Billiards
- Card & Board Games
- Bingo & Darts
- Music Class & Song writing
- Creative Writing & Computers
- Movie Night
- Lunch
- Hanging Out
- Coffee Chat
- Internet Café
- Crafts, Beading
- Library
- Art Class
- Seasonal Activities
- Special events

COMMUNITY LEISURE PROGRAM

What is the Community Leisure Program?

CLP is a community-based leisure program that offers client-centered recreation, social and leisure programs and supports to individuals with an acquired brain injury (ABI).

When does the CLP program operate?

The program operates Monday to Friday between 10 a.m. and 5 p.m. and is closed for statutory holidays. Activities are approximately three to five hours to allow for half-day sessions.

What does the CLP program offer?

CLP offers the following programs:

- Activity Programs
- Explorations
- Art Program
- Cooking Program
- Tai Chi-Seasonal
- Self defense classes
- Swim and Fitness Program

How do I join the CLP?

Referrals are made through the Fraser Health Authority Acquired Brain Injury Program. Privately funded participants are welcome also.