

**To empower
individuals with
disabilities through
self-determination,
dignity, and
freedom
of choice within a
safe and stimulating
environment.**

FUNDING SUPPORT BY:



BC Housing



Independent Living BC
A Housing for Health Partnership



Howe Sound Rehabilitation Services Society

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Liberty Place

Assisted Living

7899 17th Avenue

Burnaby, BC

Freedom Place

Assisted Living

10342 148th Street

Surrey, BC



**Assisted
Living**

**Liberty Place
Freedom Place**

Serving lower mainland
communities since 1988

unlimited possibilities *for people with disabilities*

About Howe Sound Assisted Living

Howe Sound Rehabilitation Services Society operates two Assisted Living buildings; Liberty Place and Freedom Place. Liberty Place is located in East Burnaby and Freedom Place in North Surrey. Both buildings have 20 - one bedroom fully accessible units with their own bedroom, bathroom, living room and kitchen. Each building offers hospitality and personal assistance services to young adults with physical disabilities. Individuals live independently but may require regular staff assistance with daily activities.

The core principles of assisted living are choice, privacy, independence, individuality, dignity, and respect. Howe Sound offers tenants choices, respects their privacy and personal decisions and accommodates their right to take risks.



How Much is the Monthly Rent and what Services are Included?

Assisted Living units are funded under the Province of BC's Independent Living BC Program (ILBC). For tenants, the cost of monthly rent is 70% of after tax income. The remainder is subsidized by the Province of BC. Rent includes:

- Your own private suite
- 3 nutritious meals a day as well as daily snacks
- Weekly housekeeping and flat laundry service
- Use of common amenity space
- Access to recreational and activity programs
- 24-hour emergency call system
- Daily nursing support
- Staff assistance for bathing, dressing, grooming, mobility & eating
- Assistance with medication management
- 24-hour staffing providing personal assistance to tenants

Are There Any Additional Expenses?

Extra costs not included in your rent:

- Damage deposit
- Personal furnishings
- Telephone, cable TV, and internet charges
- Personal grooming supplies/Hairdressing
- Transportation to/from activities & appt's
- PharmaCare premiums and deductibles
- Medications not covered by PharmaCare
- Equipment not covered by extended benefits
- Personal items such as dry-cleaning, newspaper and magazines
- Personal laundry (coin operated machines are available on each floor)
- Tenant Insurance

How Do I Apply to Move into Assisted Living?

Individuals interested in moving into Assisted Living must be referred through a Fraser Health case manager. If you are a current client of Home Health services, discuss your care needs with your case manager and they will work with you to determine whether Assisted Living is the best option to meet your needs.

If you are not a current Home Health client, you will need to be assessed by a case manager. Contact your local Home Health Office to request an assessment.

Fraser North:

Burnaby	604-918-7447
New Westminster	604-777-6700
TriCities	604-777-7300
Maple Ridge	604-476-7822

Fraser South:

Surrey, Delta, Langley, White Rock	604-953-4965
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Fraser East:

Chilliwack	604-702-4800
Abbotsford	604-556-5000
Mission	604-814-5520
Agassiz	604-793-7160
Hope	604-860-7747

By choosing Howe Sound Assisted Living you maintain privacy, individuality and control over your health, life and well being.